



Living Labs in food systems research – learnings from Food Trails

Niels Heine Kristensen

Department of People and Technology, Roskilde University

Agenda

- START – accelerating the green transition
- Research driven and user driven Living Labs – HUBs
- Example of project applying a living lab methodology
 - Foodtrails
- Networking platform and collaboration - working with living labs across the projects

Innovation and theories of change

- Tackling societal challenges
- Leadership challenges
- Crosscutting activities
- Wicked problems
- Path dependency
- User involvement
- Open innovation
- Real life experimentation
- Piloting with citizens and users
- Path creation



INTEGRATIVE LAND USE
CONNECTING ENVIRONMENTAL QUALITIES, CULTURAL HERITAGE, AND SOCIETAL DEMAND, WITH LIVING LABS FOR NATURE AND SOCIETY INCLUSIVE AGROECOLOGY



FOOD SYSTEMS 2050
WITHIN PLANETARY AND HEALTHY BOUNDARIES, ENABLED BY RESPONSIBLE AND INCLUSIVE DIGITALIZATION OF THE FOOD SYSTEM.



NOVEL FOOD AND FEED
BASED ON ALTERNATIVE PROTEIN RESOURCES



CONNECTING SEA AND LAND
BLUEING THE GREEN WHILE GREENING THE BLUE



CIRCULAR RESOURCE SUFFICIENCY, VALORISATION
BIOMASS RESIDUALS TO PREVENT LOSSES (POST-HARVEST AND MANURE)



PLATFORM, SHARED FACILITIES
TECHNOLOGIES AND PRACTICES



HEALTH, FOOD SAFETY AND DIET CHANGE
MODELLING OF HEALTHY AND SUSTAINABLE DIETS

MIT – Prof. Bill Mitchell, Eric von Hippel, etc

- Participatory design
- Social experiments
- Cooperation

Industrial and Corporate Change, Volume 16, Number 2, pp. 293–315
doi:10.1093/icc/dtm005
Advance Access published May 16, 2007

Horizontal innovation networks— by and for users

Eric von Hippel

Innovation development, production, distribution and consumption networks can be built up horizontally—with actors consisting only of innovation users (more precisely, “user/self-manufacturers”). Some open source software projects are examples of such networks, and examples can be found in the case of physical products as well. In this article, we discuss three conditions under which user innovation networks can function entirely independently of manufacturers. We then explore related empirical evidence, and conclude that conditions favorable to horizontal user innovation networks are often present in the economy.



Living Lab

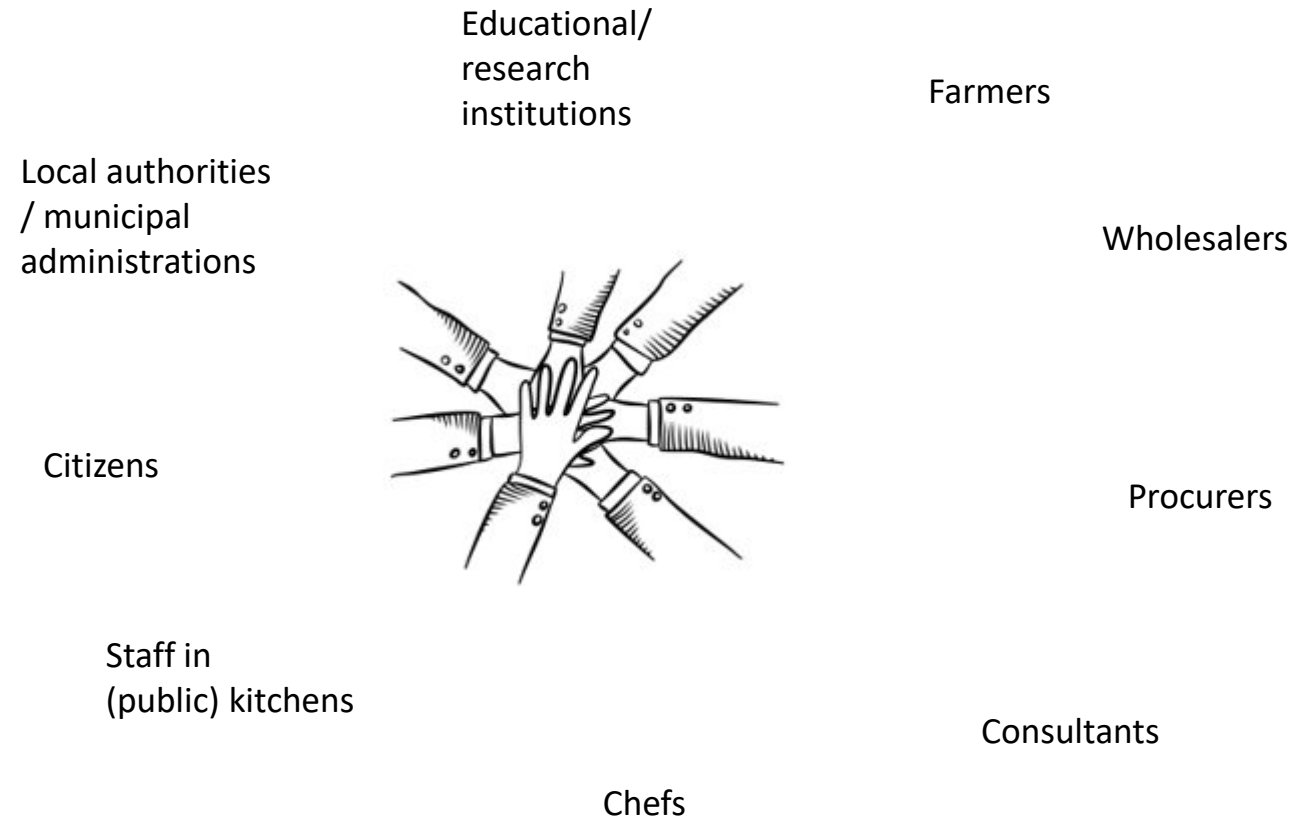
- "(...) user-centered, open innovation ecosystems based on systematic user co-creation approach, integrating research and innovation processes in real life communities and settings" (European Networks of Living Labs (ENoLL))
- 5 principles
 - Active user involvement
 - Real-life settings
 - Multi-stakeholder
 - Multi-method approach
 - Co-creation



Research methodologies

- Technology and innovation – with a systems perspective
- Idea generating phases
- Basic research
- Data collection and analysis

Reflected typologies of actors



Knowledge and research based transition of agrifood systems – reflecting Food2030 contexts

- *European cities are key actors* in prompting changes towards a more sustainable food system under the international frameworks of the MUFPP, SDGs and Food 2030
- *Sharing strategic research* through City Labs and Food Living Labs for developing sustainable agrifood systems

The European Commission's Food 2030 priorities

- **Sustainable diets.** Relevant education, health promotion and communication programmes, and developing sustainable dietary guidelines.
- **Public procurement.** Reorienting school feeding programmes and other institutional food services to provide food that is healthy, locally or regionally sourced, seasonal and sustainably produced.
- **Urban agriculture.** Local food production, strengthening urban and periurban food production, supporting short food-supply chains.
- **Food Waste Prevention.** Saving food by facilitating recovery and redistribution for human consumption or food donation.

Urban experimentation: the Fit4Food2030 city labs

- 14 city labs (also referred to as food labs), built around science centres, museums and science shops that develop and implement hands-on (in)formal training sessions to build the competences of students and professionals, bringing a wide variety of actors together in the process;
- 11 national policy labs that mobilise food-system stakeholders in order to align R & I policies and investment schemes; and
- an EU think tank that links project activities with the European Commission and shapes the field via policy briefs.

**- a holistic food-systems approach
- and responsible research and
innovation (RRI).**

About

Food Trails is a four-year EU-funded Horizon 2020 project aiming to translate in Europe the Milan Urban Food Policy Pact's collective commitment to integrated urban food policies into measurable and long-term progress towards sustainable food systems.

[Read More](#)



FOOD TRAILS — Building pathways towards Food 2030-led urban food policies

Share

FOOD TRAILS

BUILDING PATHWAYS TOWARDS FOOD 2030-LED URBAN FOOD POLICIES

Watch on  YouTube

 The Food Trails project has been funded by Horizon 2020 Grant Agreement n. 101000812

The image is a dark blue YouTube video player thumbnail. At the top left is the 'FOOD TRAILS' logo. The main title 'FOOD TRAILS' is in large white letters, with a network diagram integrated into the 'O'. Below it, the subtitle 'BUILDING PATHWAYS TOWARDS FOOD 2030-LED URBAN FOOD POLICIES' is written in smaller white capital letters. A large red play button is centered over a circular image of a blue vegetable cross-section. At the bottom left, there is a 'Watch on YouTube' button. At the bottom right, the European Union flag logo is followed by the text: 'The Food Trails project has been funded by Horizon 2020 Grant Agreement n. 101000812'. A 'Share' button with a right-pointing arrow is in the top right corner.

RUC

Food Trails - 2020-2024, 19 partners

From visions and interests →
Integrated urban food policies for
systemic change

- Multi-actor approach: Living labs in each participating city
 - Researchers' role: methodological advisors, document and analyse the processes, included in the living labs alongside other actors



11 European city-regions: Bergamo (IT), Birmingham (UK), Bordeaux (FR), Copenhagen (DK), Funchal (PR), Grenoble (FR), Groningen (NL), Milan (IT), Thessaloniki (GR), Tirana (AL) and Warsaw (PL).

Eurocities, Slow Food associazione, EAT foundation, Cardiff University, Stichting Wageningen Research, Roskilde University, Cariplo Factory srl



Funded by
the European Union

How to reach and involve vulnerable groups?

How to integrate actor involvement with political strategies and priorities?

How to navigate contesting opinions?

How to find resources?

Mapping of existing research and practices

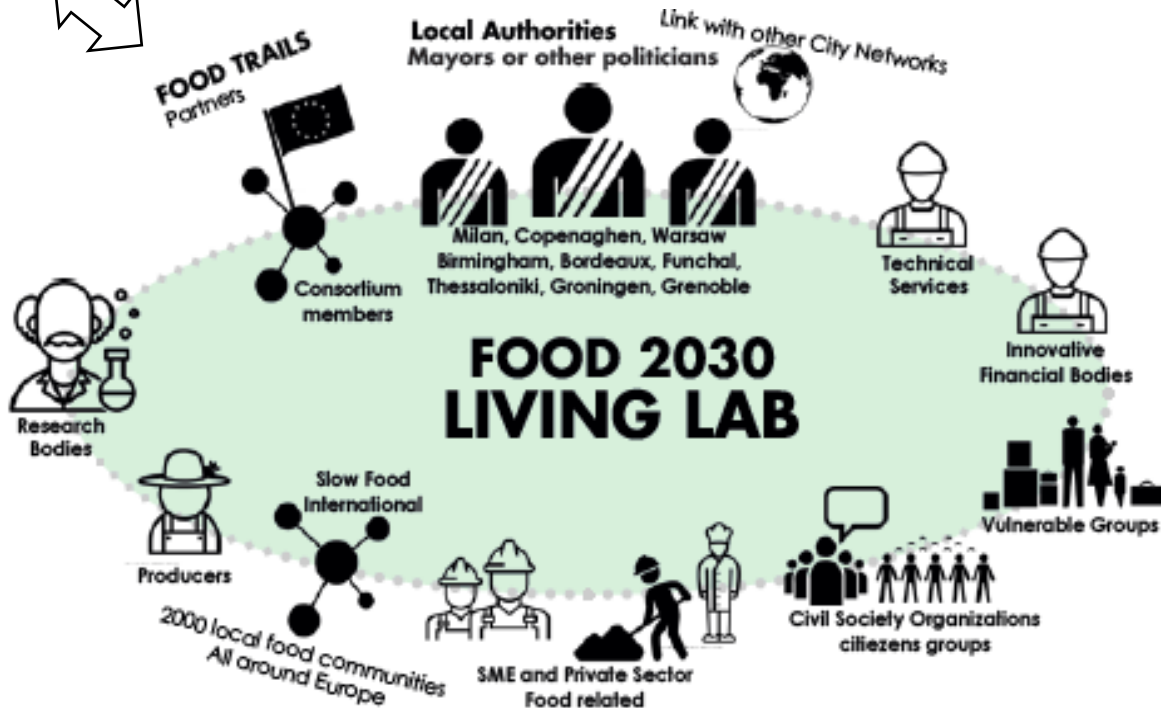
Co-design

Test and evaluate urban food policies

Knowledge-sharing between cities

From living labs to systemic change: How to up- and outscale experiences?

Sustainable urban food systems



Funded by the European Union

Example from FT LL in the City of Copenhagen

- *2002: decided aims to use 90 % organic ingredients in the meals in the public food system. 2016: 88 % organic.*
- *Data on the school canteen service:*
 - *80.000 daily meals, 40.000 daily dinners*
 - *7.375 tonnes of food procurement, 142 tonnes weekly*
 - *1.100 kitchens in 925 locations, 1.700 kitchen staff*
 - *€40.300.000*
- Investigate the potential in procurement instrument
 - Innovate criteria in line with SDG's
 - Scaling for local and central methods
 - The power of procurement

Methodological steps & tools in LL research

- The LL methodology is a dynamic approach to innovation and research that emphasizes real-world experimentation and collaboration between various stakeholders, including researchers, businesses, government agencies, and end-users
- Research design
- Ethnographic methods
- Mapping and analysis

Potentials for scaling through Living Labs

- Upscaling
- Out scaling
- Deep scaling – down scaling

Perspectives

- Developing theory of change for green transition
- Developed policy recommendations for decision makers
- Developed tools and methods for praxis

Thank you for your attention

nheinek@ruc.dk

